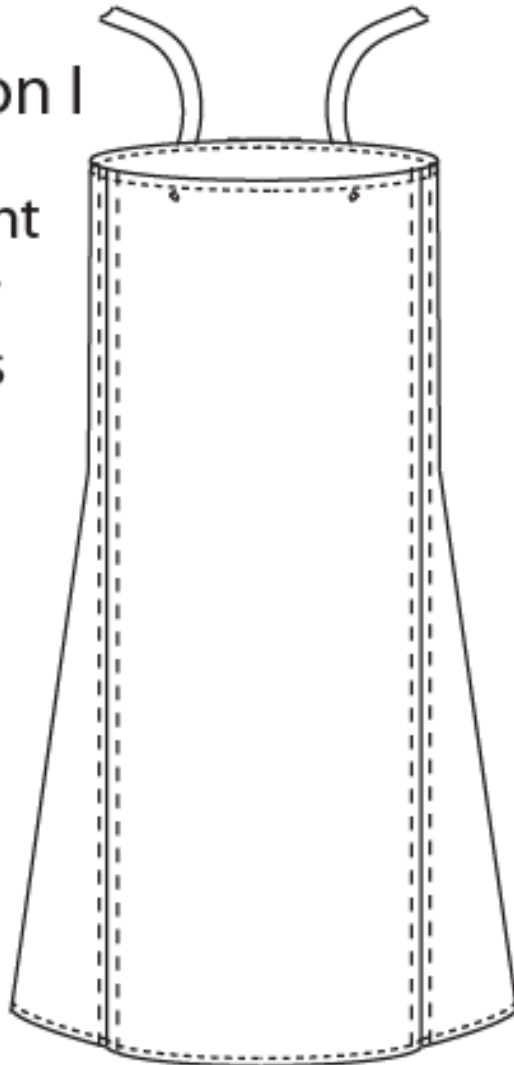


# Wool Viking Aprons

*By Duchesse Sabine de Rouen, OP*

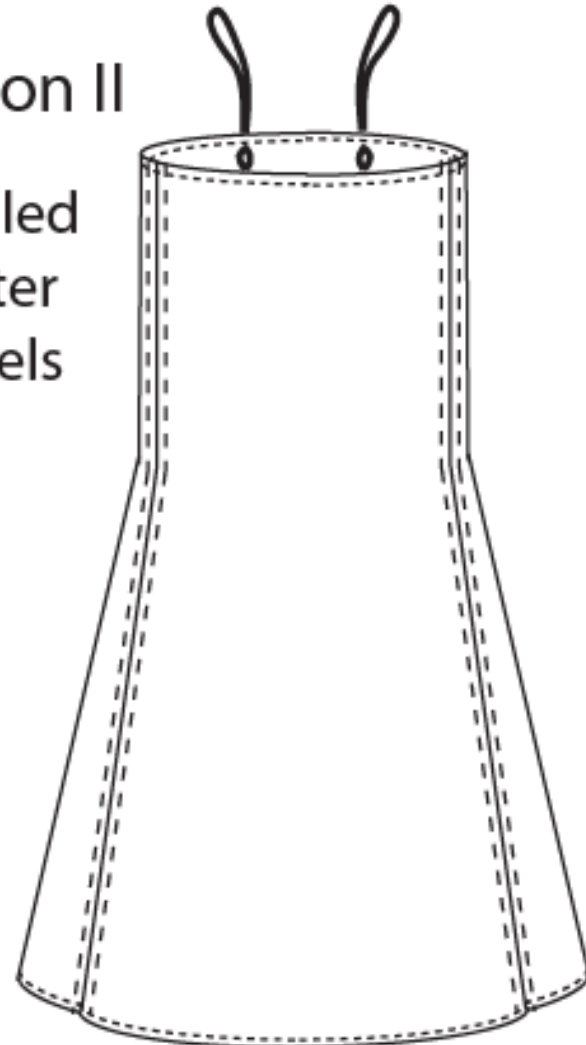
Version I

Straight  
center  
panels

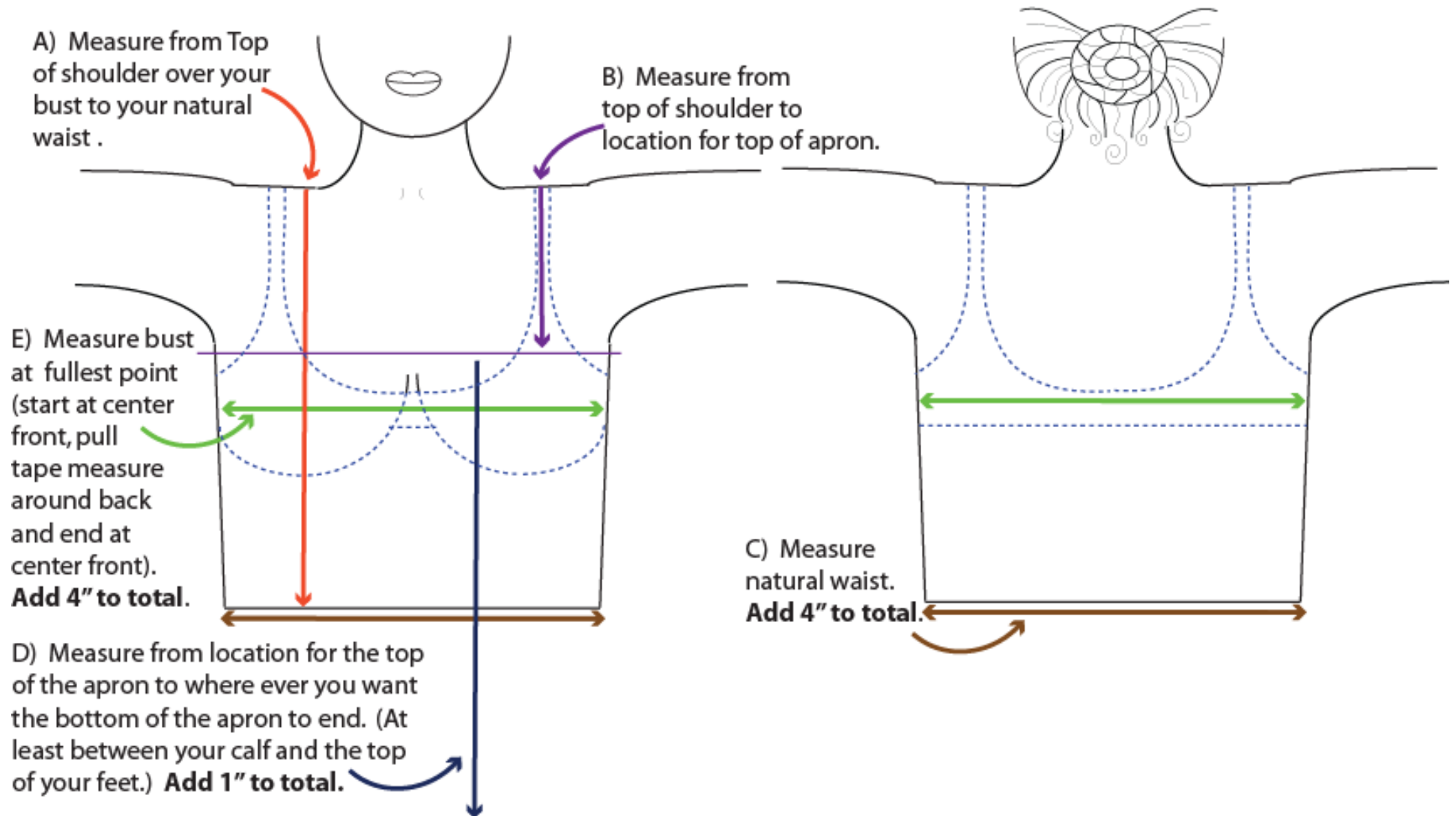


Version II

Angled  
center  
panels



## Taking the Measurements

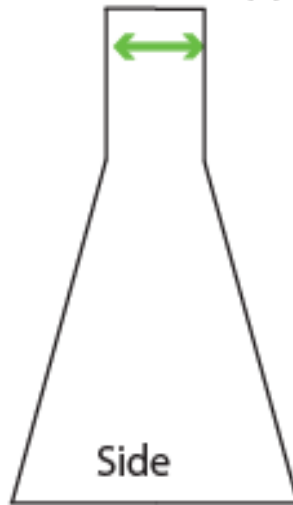


Version I  
Straight  
center  
panels

1/3 of your bust  
measurement (C)



1/6 of your bust  
measurement (C)



1/3 of your bust  
measurement (C)



1/6 of your bust  
measurement (C)



Add 3/8" seam  
allowance  
to all edges.

Cut 2

Front

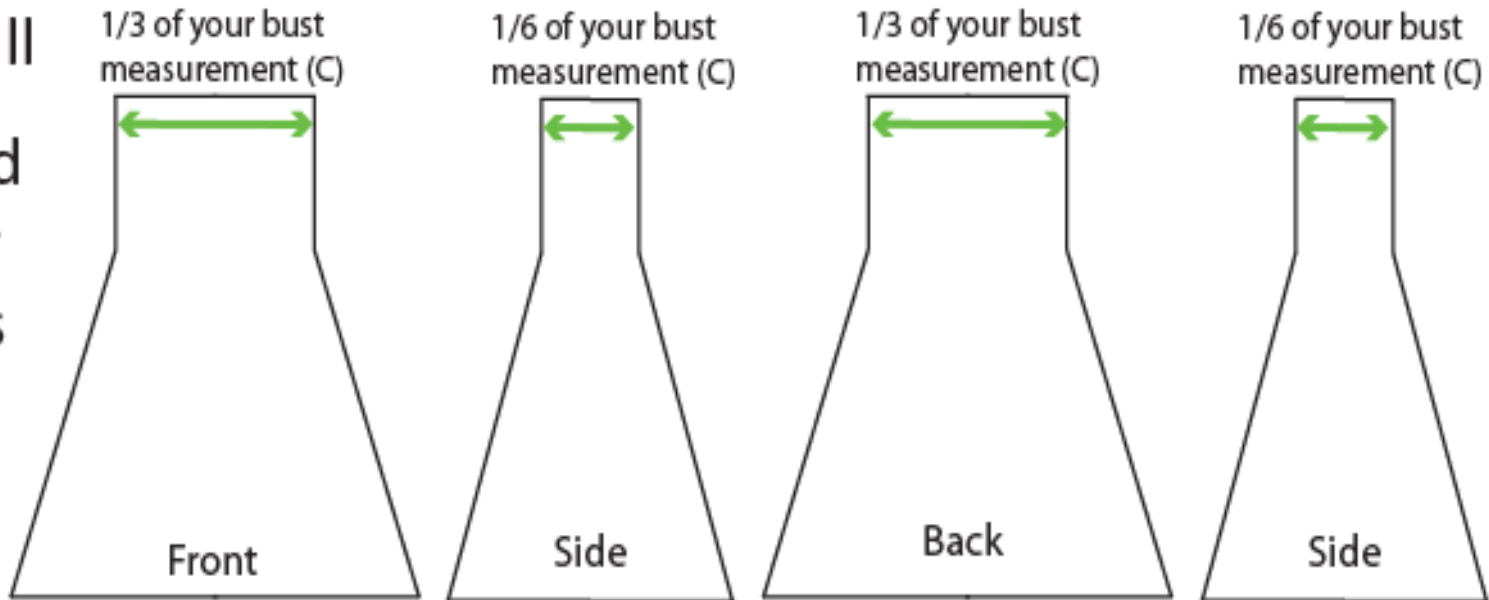
You should  
end up with  
two pattern  
pieces.

Cut 2

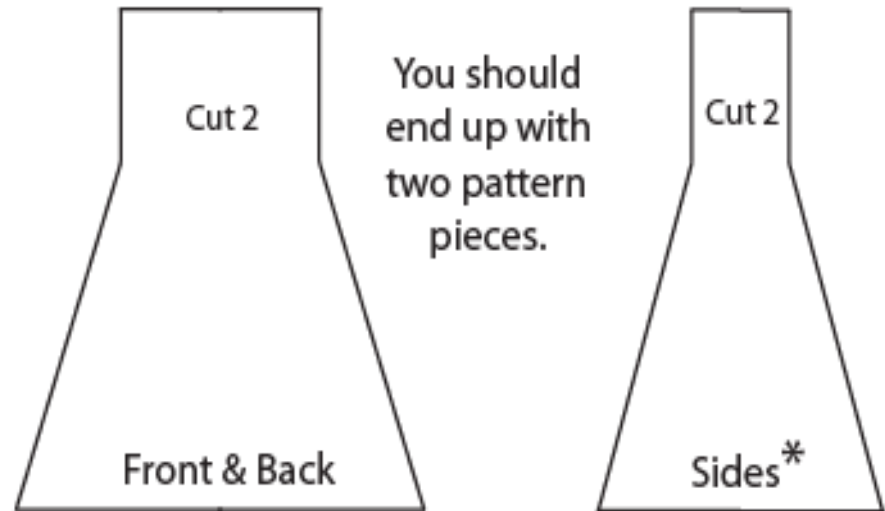
Sides\*

# Version II

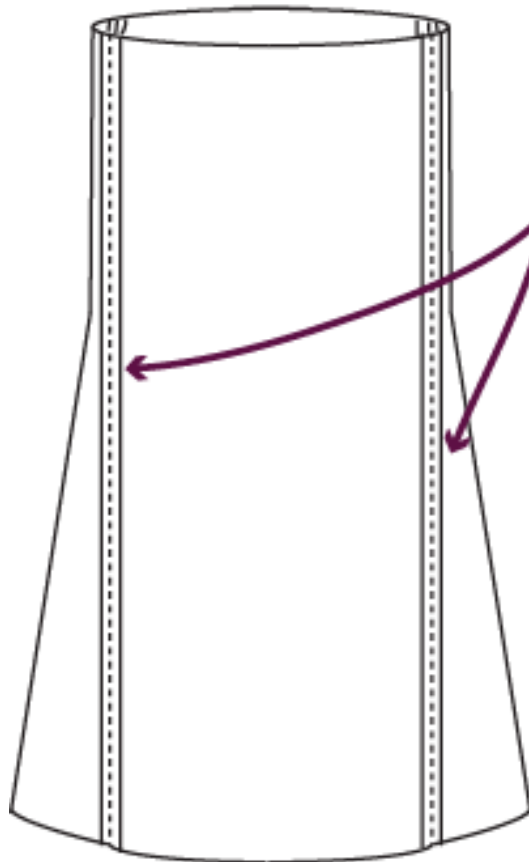
Angled  
center  
panels



Add 3/8" seam allowance to all edges.

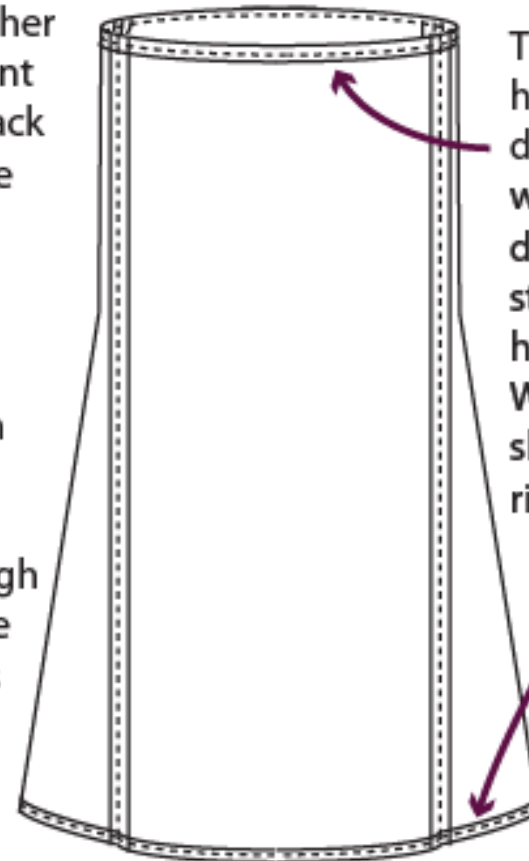


## Inside view



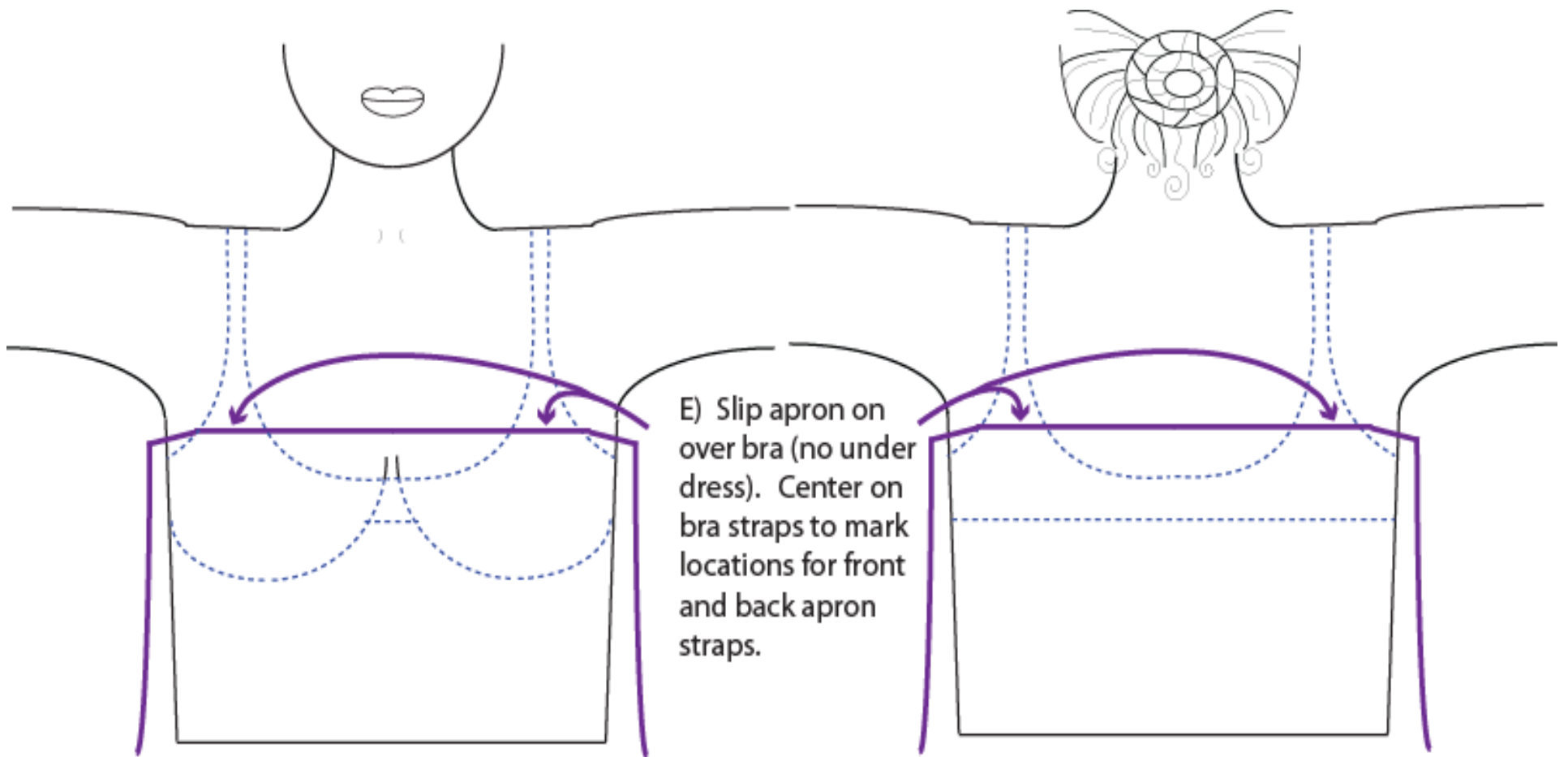
With right sides together sew side panels to front panel and then the back panel to the front/side unit.

\* For a nice touch you can use decorative thread to stitch down the unfinished edges. As you stitch down the edge, push through to the right side of the fabric so that it shows on the outside of the garment.



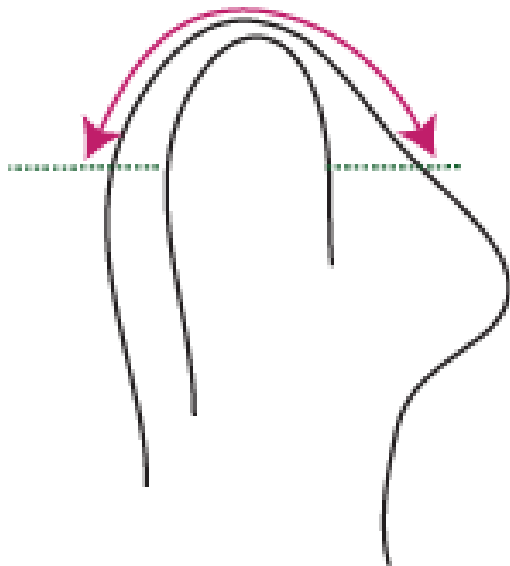
Turn top and bottom hem under and stitch down. Cover stitching with trim or you can use decorative thread to stitch the top and bottom hems. Remember you **WANT** the thread to show through on the right side of the fabric.

Turn the apron right side out.



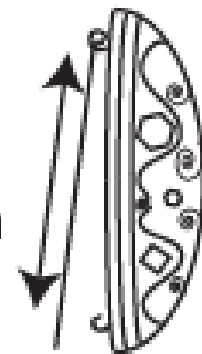
## Straps -

Measure from the top of your apron front, over your shoulder, to the top of your apron back. I suggest you use tablet woven bands for your straps however, you can also use fabric. The fabric does not have to be the same as your apron or under dress. For fabric straps I suggest loops or flat bands.



You will also need to know the length of the pins you will be using to hold up your apron.

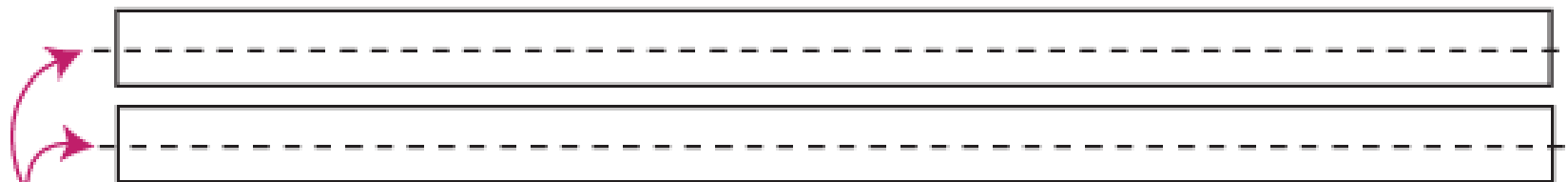
**\* Pin length**



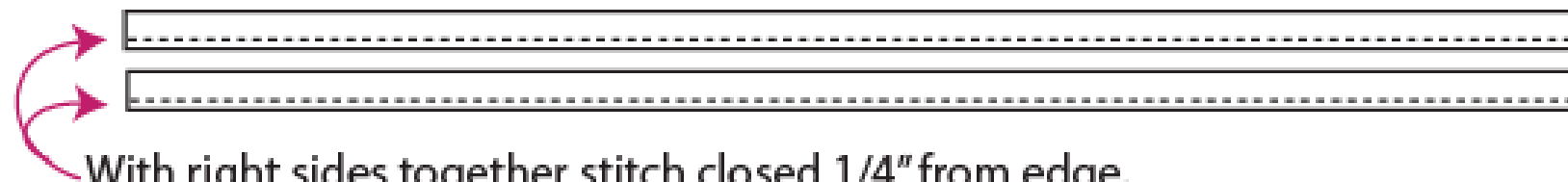
## Loops -

Take your total strap measurement, subtract the length of your pin\* and multiply by two. This will be measurement A. Your pattern piece will be a rectangle.

**Length = measurement A by Width = 1 1/2"**



Fold in half lengthwise. Right sides together.



With right sides together stitch closed 1/4" from edge.

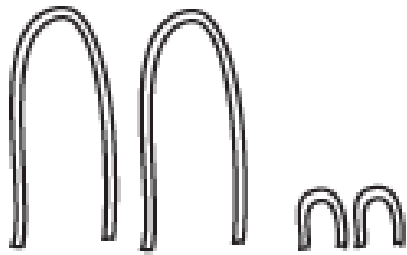


Cut 3" from one end and turn tubes right side out.



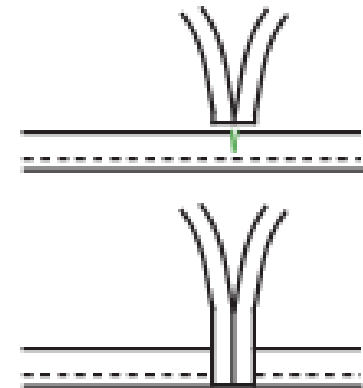


Fold your tubes in half.

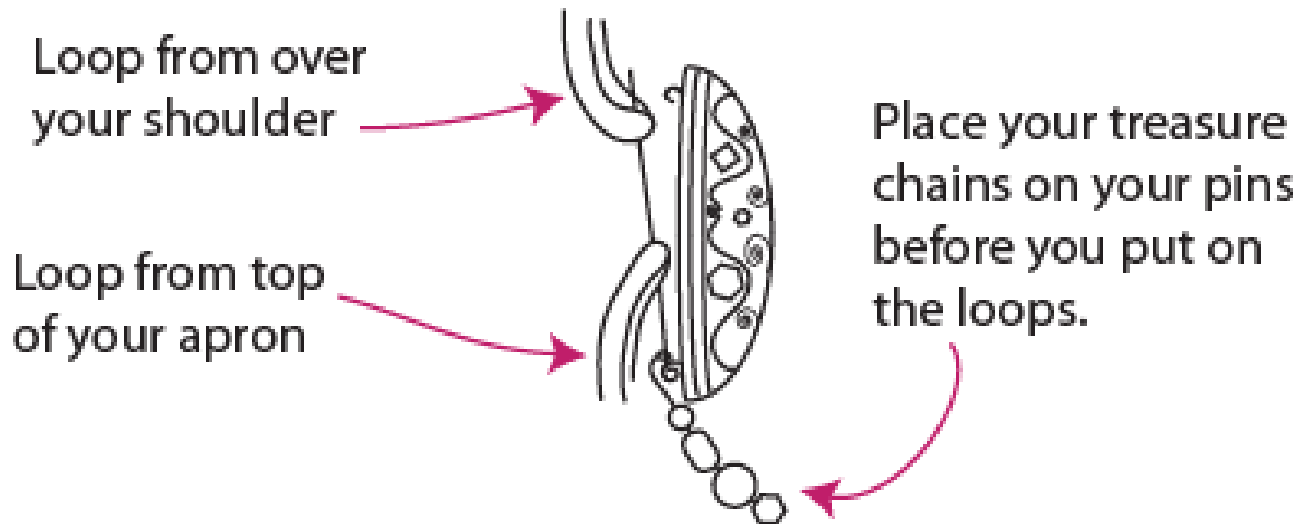


Long loops - back  
Short loops - front.

Fold under ends 1/4" and on the inside of the garment line the folded ends against the hemmed top. Make sure the ends of the tubes are placed on both sides of the previously marked locations.



Now you are ready for your pins.



## Flat Bands -

Take your total strap measurement, subtract the length of your pin\*.  
This will be measurement A. Your pattern piece will be a rectangle.

**Length = measurement A by Width = 2 1/4"**

Fold in half lengthwise.  
Right sides together.



With right sides together stitch closed 1/4" from edge.

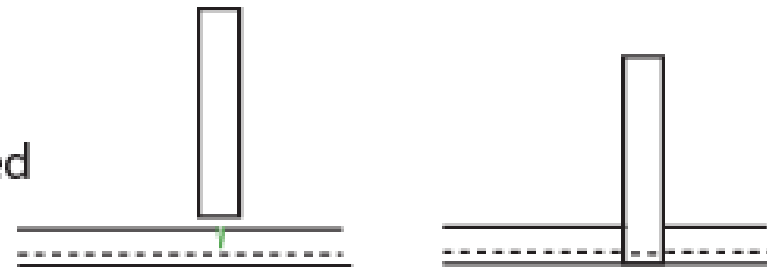


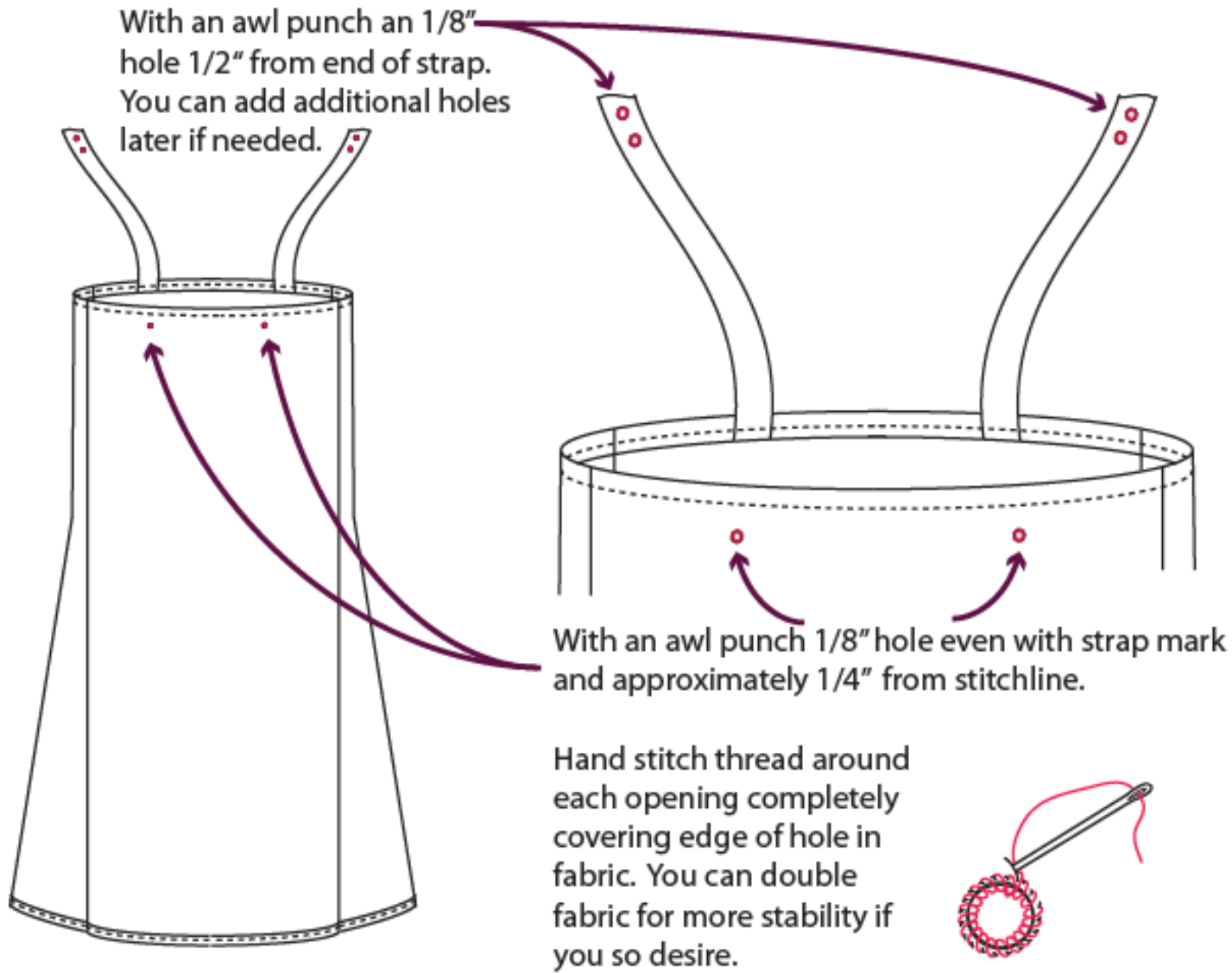
Stitch closed one end 1/4" from edge.

Turn the tubes right side out.



Fold open ends inside tube 1/4" and stitch inside the garment along the hemmed top.  
Make sure the ends of the tubes are centered over the previously marked locations.

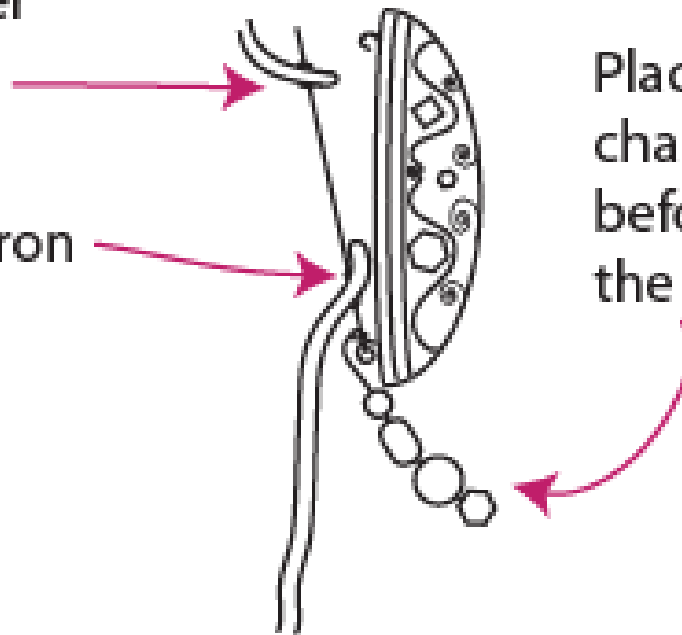




Now you are ready for your pins.

Strap from over  
your shoulder

Eyelet in apron



Place your treasure  
chains on your pins  
before you put on  
the loops.

